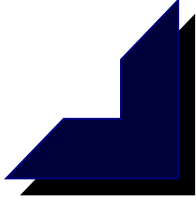


**PATIENT
INFORMATION
BOOKLET**



TWIN BLOCK APPLIANCE



**DURGA DENTAL CARE &
RESEARCH CENTRE**

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PIB-ORTHO-1

What is Twin Block Therapy?

Twin Block Appliance is made up of two independent plates; one is for upper jaw and other is for lower jaw. This therapy is generally used for patients who are in active growth stage that is normally 9 to 15 year of age.

The basic appliance positions the lower jaw forward to encourage active growth of lower jaw in proportion to upper jaw. It improves the intercuspation of upper and lower teeth and more important improves the Profile of patient.

It is far more efficient treatment option than waiting for the problem to get severe. After completion of growth, only braces may not be able to position the upper and lower teeth in most favorable position without some surgical intervention.

As this therapy does not straighten the rotated, crooked or spaced teeth, Patient may be advised a fixed orthodontic treatment after or during this treatment.

When and How much time one has to wear this Appliance?

This appliance need to worn 24 hours a day, including eating and sleeping. Wearing it during eating will speed up its action; one just has to take it out afer eating to clean it and your mouth thoroughly.

Does this Appliance cause any Pain?

Patient does report that the teeth, lower jaw and muscles ache for some days after starting the therapy. One may be prescribed

pain killer medicine for few days in the starting. Once your mouth and musculature get used to it, the discomfort and pain disappears.

How long does this treatment take?

This active treatment lasts from 6-9 months depending a lot on the patient's compliance and the severity of the disease. The active phase is generally followed by Passive phase for 6 to 12 months with removal retainers to stabilize the results gained during active treatment.

If one's teeth need correction in terms of Spaces and crowding, one may be advised Fixed Orthodontic treatment with Braces.

What are the Instructions and Precautions?

- Twin Blocks should only be taken out for cleaning. Clean after every meal, as food will collect under the appliances.
- Scrub thoroughly with a toothbrush and toothpaste, then rinse with cool water
- Remove and insert the Twin Blocks by using the acrylic, NOT the wires, to dislodge the appliance.
- Adjustment of expansion screws, strictly as per the instructions.
- Avoid chewing gums and sticky, sweet food that can stick to appliance or increase the chances of developing cavities.
- Keep your next appointment.

DENTAL IMPLANTS:

Single or Multiple Missing Tooth
Full Denture or Over dentures

COSMETIC DENTISTRY

Tooth Whitening
Ceramic Laminates
Orthodontics
De-pigmentation of Gums
Full Mouth Rehabilitation

PREVENTIVE DENTISTRY

Oral Prophylaxis
Fluoride Application
Pit & Fissure Sealants

RESTORATIVE DENTISTRY

1 Sitting Root Canal
Tooth Color Filling
Fiber Post & Core Build Up

PROSTHETIC DENTISTRY

Metal Free Ceramic Crown & Bridges
Cast Partial Dentures
Complete Dentures/ Flexible Dentures/ Over dentures

PERIODONTICS (Gum Diseases)

Scaling & Root Planing
Flap Surgery

SURGICAL DENTISTRY

Extraction & Impaction
Apexectomy, Crown Lengthening

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